

CURRICULUM VITAE
Dr. med. Michael Klentze

- Gynaecologist and Psychiatrist, Board certified Endocrinology, Diabetology
- Assoc. Professor Udayana University, Bali Indonesia
- Senior professor Mae Fa Luang University , Bangkok, Thailand
- Secretary General of European Society of Preventive, Regenerative and Anti-Aging Medicine
- Scientific Course Director of the ACTC course to achieve the Board certification in Anti-Aging and regenerative Medicine (ABAARM)
- Leading founder of Anti-Aging medicine in Europe
- American Board of Anti-Aging Medicine (ABAAM, USA) Director for Europe
- Scientific Director of the Klentze Institute for Anti-Aging Medicine
- Medical Council for Aging Research and Education, University of Chicago, Medical School, Chicago, Ill. (MCARE)
- Scientific Advisor Victuslife , Nusa Dua Bali/Indonesia
- Board Member of A4M (American Academy for Anti-Aging Medicine)
- Founder of ECARE (European Council of Aging Research and Education)
- International Medical Director Vitallife /Bumrungrad Hospital, Bangkok, Thailand

Member of:

- American Academy of Anti-Aging Medicine
- Honorary member of the Czech Society of Anti-Aging Medicine
- Honorary Member of the Romanian Society of Anti-Aging Medicine
- Leading lecturer in clinical approach to genetic polymorphism diagnostics worldwide
- Secretary general of European Society of Preventive, regenerative and Anti-Aging Medicine
- Advisory Member of the American Board of Anti-Aging Medicine
- Endocrine Society, USA
- European Menopause Society
- American Diabetes Association
- American Academy of Science
- Co – Founder Japan Society of Anti-Aging Medicine
- Hon. Member Foreign Correspondents Club of Japan, Tokyo
- German Society of Anti-Aging Medicine (GSAAM)
- (Scientific Advisor and Foreign Affairs Representative of GSAAM)
- Member of ISSAM, International Society for the Aging Male
- Founder member of the German branch of ISAAM
- Deutsche Gesellschaft für Gynäkologie und Geburtshilfe (German Gynecology and Obstetrics Association)
- Deutsche Gesellschaft für Psychosomatik in Gynäkologie und Geburtshilfe (German Association of Psychosomatics in Gynecology and Obstetrics)
- Deutscher Psychotherapeutenverband (German Association of Psychotherapists)

Michael Klentze was born on 2 July 1947 to an old-established hanseatic mercantile family which had imported wines from Spain and France for generations. He attended school in Hamburg and Düsseldorf. From 1964 to 1966, between taking his secondary school certificate and matriculation (German Mittlere Reife and Abitur), he shipped as a cadet on the East Asia-North America route of the Hamburg-America Line. After completing military service in Munich and on the island of Sylt, Michael Klentze abandoned his family's commercial traditions to commence studying medicine at Ludwig-Maximilians Universität in Munich in 1969, graduating with the grade of "excellent" in 1975.

He began his training as a specialist in neurochemistry in Munich, then moved to Göttingen and Traunstein to specialize in gynaecology. After qualifying, he took over a panel doctor's practice in Reutlingen and remained as its director for 11 years. During this period Klentze completed his doctorate "cum laude" at Tübingen Urological Clinic on the subject of "Urethral Syndrome".

As Klentze's practical experience led him to move further and further away from purely symptomatic medicine, he began to specialize in holistically oriented preventative medicine. His goal was to apply a holistic preventative approach, recognizing and averting illnesses in their earliest stages of development. Klentze's perception of people as holistic beings increasingly confronted him with "man, that psychosomatic being"; to extend his understanding of and insight into this approach, he completed a course in psychiatry and analytically oriented psychotherapy under Prof. Henseler at the Tübingen University Institute of Psychoanalysis. During these years, Klentze's main fields of activity were endocrinology, fertility medicine, psychosomatics and preventative medicine.

Realizing that not only our mental, but also our physical being is shaped by our environment, and that medicine can actually be a considerably destructive force, Klentze continued to expand his areas of specialization by training in natural healing in Bad Wörishofen. His in-depth studies of the effects and functions of vitamins, antioxidants and plant substances, coupled with his extensive experience in applied endocrinology, environmental medicine, nutritional and sports medicine, inspired Klentze to begin developing his own personal holistically oriented healing methods and specializing in the prevention of aging processes and the treatment of the menopause in men and women. In 1998 he founded the Institute for Anti-Aging Medicine in Ismaning near Munich, and today acts as its Scientific Director of this institution in Munich. Since April 2009 Klentze works as International Medical Director of Vitallife Corporation Ltd. , a 100% subsidiary of Bumrungrad Hospital in Bangkok, Thailand. He is Board certified in Gynaecology, Psychiatry , Endocrinology, Diabetology and Anti-Aging medicine

After forming early contacts in the field of anti-aging medicine in the US, Klentze studied the subject there and passed the Board Examinations of Harvard Medical School and Tuft University with distinction in December 2000. Since December 2000 he has been an official Member of the US Medical Council of Aging Research, including a teaching position, and has held the position of Representative of the European Council of Anti – Aging Medicine on the American Board of Anti-Aging Medicine. He holds the position of secretary General of the Vienna-based European Society of Preventive, Regenerative and Anti-Aging Medicine since 2004.

Specialist Fields:

Molecular biological and biochemical foundations of the aging process, endocrinology, prevention of age-related illnesses, regenerative stem cell treatment and research, molecular genetics, internal medicine, sports medicine, nutritional medicine, stress intervention.. In research with the Genosense company , he developed several modules of polymorphisms used for the risk prediction in preventive medicine.

Together with RGI Research genetic Institute) Chicago (Yuri Velinsky, Anver Kuliev) Dr. Klentze was involved in stem cell research (reprogramming stem cells)and clinical use of embryonic stem cells. Later Dr. Klentze cooperated with Dr. Vijay Sharma of Stempeutics Corp., Bangalore, India in the field of clinical use of MSC stem cells. As world wide recognized researcher in the field of clinical use of polymorphisms, Dr. Klentze lectures worldwide and held seminars for preventive medicine.

As the logical development, 1 May 1996 saw the opening of the Klentze Institut für Anti-Aging Medizin in Munich. 2008 he joined his Institute with the Diagnoseklinik Muenchen, Germany Since May 1st he is nominated as International medical Director of Vitallife Corp, a clinic in the field of preventive and regenerative Medicine, 100% belonging to the Bumrungrad Hospital Bangkok.

Publications

Various publications in the field of endocrinology, aging genetics e.g.

- Das Isometrische Muskeltraining (Herbert Klee und Michael Klentze, published by Sommer-Verlag, München)
- Für immer jung mit Anti-Aging (handbook, Ehrenwirth-Verlag)
- Die Endometriose, das flammende Schwert (DGPGG, Berlin 1992)
- „Der alternde Mann“, articles about testosterone in Medicine and Beauty 2007, 10-14
- „Anti-Aging Medizin“ in Biologische Medizin 1/2001, 25-27
- „Anti-Aging Medizin „ in Geburtshilfe und Frauenheilkunde 5/01 14-16
- „Warum wir altern“ Contributed to the volume published for Heidelberg Lifestyle Congress 2000

- „DHEA und Androgene“ Contributed to the volume published for Heidelberg Lifestyle Congress 2000
- „Biochemie des Altern“ Contributed to the volume published for the first congress of GSAAM, Berlin 2001
- „Vitamine und Antioxidantien“ in Contributed to the volume published for the first congress of GSAAM, Berlin 2001
- „Neurosteroids and Aging“ in American Journal of Anti-Aging Medicine” 6/200
- “Androgens in Women” in „Pharmakologie aktuell”
- „Warum wir altern“ in „Medical Economics“
- „Testosteron“ in Biol. Medizin
- “Alterungsprozesse” Anti-Aging and Lifestyle Medicine, Heidelberg 2001
- Androgens and Women in “Journal of Aesthetic and Plastic Surgery, Japan, 2001”
- Member and advisor of several scientific publications
- Specialist in genetic medicine for polymorphism diagnostics with lectures and publishing about this topic in various papers
- Michael Klentze Dec 2008 Pubmed reg. Türkiye Klinikleri , Vol:28 No6 52-61 and same publication 62- 78
- Michael Klentze in Frans van den Berg (Hrsg) D. Wulf 2007 Angewandte Physiologie , Thieme –Verlag , Reihe Zukunftswissen
- Michael Klentze :Die revolutionäre Snip Methode in Johannes Huber, Michael Klentze, Südwest Verlag 2006
- Michael Klentze: Anti-Aging, Die Macht der eigenen Hormone in Südwest Verlag 2005
- Over 300 lectures at scientific events and congresses in and outside Europe
- Appearances in several TV programs on gynecological and psychosomatic subjects and as anti-aging medicine expert (German-speaking radio and TV stations: BR, RTL , SAT 1, Pro 7, NTV, ARD, Radio Tirol, Radio Arabella, Antenne Bayern, DSF, Arte)
- Own radio program on health-related topics and hormones in Marbella (Onda Zero) 1991-1993 about preventive health
- 200 Regular lectures on the subjects of endocrinology, hormone replacement therapy, anti-aging medicine
- Various magazine reports on anti-aging medicine (Madame, Medizin und Beauty, Die Woche, Hamburger Abendblatt, SZ, AZ, TZ, SEPP, Diners Club Magazine, Medical Tribune, Spiegel etc.), Bangkok Post, The Edge(Singapore).